

## READINESS PRACTICE

A young person grows up in environments, relationships and experiences. When these are developmentally appropriate, they provide young people with the supports and services they need to build connections and competence and get ready. These plus adequate space and time enable young people to learn, develop and strengthen their Readiness Abilities.



**ENVIRONMENTS**

### DEVELOPMENTAL ENVIRONMENTS

Developmental environments are welcoming, safe and structured. These are positive places where young people want to spend time, know what to expect and know what is expected of them.



**RELATIONSHIPS**

### DEVELOPMENTAL RELATIONSHIPS

Developmental relationships are authentic, positive and productive. These relationships are caring, motivating, equipping and empowering.



**EXPERIENCES**

### DEVELOPMENTAL EXPERIENCES

Developmental experiences keep young people challenged and engaged. These experiences connect with young people based on who they are, where they are, what they need and what they want.



**SPACE AND TIME**

### SPACE AND TIME TO DEVELOP ABILITIES

Systems and settings support readiness by providing space and time for young people to learn, develop and demonstrate the readiness abilities. This includes being able to observe and explore, practice and learn from mistakes, apply and connect, reflect and continuously improve.